

NOVEMBER | 2022

HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31
Regular or Spicy Chicken Tenders, Corn Bread, Fries or Corn or Fresh Broccoli, Asst of Fruit or Juice, Milk

Bar Line: Popcorn Chicken

1
Mini Corn Dogs, Wedges or Baby Carrots or Side Salad or Mexicali Corn, Asst. of Fruit or Juice, Milk

Bar Line: Chicken or Beef Tacos

2
Big Daddy's Pizza, Green Beans or Sliced Green Peppers or Spinach Salad, Asst. of Fruit or Juice, Milk

Bar Line: Chicken Sandwich

3
Chicken Nuggets, Curly Fries or Side Salad or Candied Carrots or Sliced Cucumbers, Asst. of Fruit or Juice, Milk

Bar Line: Asian Bar

4
Nachos, Refried Beans or Cherry Tomatoes or Steamed Broccoli, Asst. of Fruit or Juice, Milk

Bar Line: Pizza Bar

7
Mac & Cheese, Dinner Roll, Cherry Tomatoes or Green Beans or Fresh Broccoli, Asst. of Fruit or Juice, Milk

Bar Line: Popcorn Chicken

8
Chili Cheese Dogs, Wedges or Side Salad or Baked Beans or Green Peppers, Asst. of Fruit or Juice, Milk

Bar Line: Chicken or Beef Tacos

9
Chicken Alfredo, Breadstick, Baby Carrots or Sliced Cucumbers or Corn, Asst. of Fruit or Juice, Milk

Bar Line: Chicken Sandwich

10
Bosco Stick & Dipping Sauce, Side Salad or Corn or Steamed Broccoli, Asst. of Fruit or Juice, Milk

Bar Line: Asian Bar

11
Grilled Cheese, Fries or Baby Carrots or Green Peppers, Asst. of Fruit or Juice, Milk

Bar Line: Pizza Bar

14
Hamburger/ Cheeseburger, Tater Tots or Baked Beans or Steamed Carrots, Asst. of Fruit or Juice, Milk

Bar Line: Popcorn Chicken

15
Calzone, Steamed Broccoli or Side Salad or Green Peppers, Asst. of Fruit or Juice, Milk

Bar Line: Chicken or Beef Tacos

16
Holiday Meal
Spiral Ham, Mashed Potatoes and Gravy, Dinner Roll, Corn or Sliced Cucumbers, Asst. of Fruit or Juice, Milk, Dessert

Bar Line: Chicken Sandwich

17
Walking Taco, Refried Beans or Fresh Broccoli or Side Salad, Asst. of Fruit or Juice, Milk

Bar Line: Asian Bar

18
Drumstick, Fries or Coleslaw or Green Beans, Asst. of Fruit or Juice, Milk

Bar Line: Pizza Bar

21
Chicken Sandwich, Fries or Baked Beans or Broccoli & Cheese, Asst. of Fruit or Juice, Milk

Bar Line: Popcorn Chicken

22
Pull Apart Bread & Dipping Sauce, Baby Carrots or Side Salad or Cucumbers, Asst. of Fruit or Juice, Milk

Bar Line: Chicken or Beef Tacos



28
Regular or Spicy Chicken Tenders, Corn Bread, Fries or Corn or Fresh Broccoli, Asst of Fruit or Juice, Milk

Bar Line: Popcorn Chicken

29
Mini Corn Dogs, Wedges or Baby Carrots or Side Salad or Mexicali Corn, Asst. of Fruit or Juice, Milk

Bar Line: Chicken or Beef Tacos

30
Big Daddy's Pizza, Green Beans or Sliced Green Peppers or Spinach Salad, Asst. of Fruit or Juice, Milk

Bar Line: Chicken Sandwich

1
Chicken Nuggets, Curly Fries or Side Salad or Candied Carrots or Sliced Cucumbers, Asst. of Fruit or Juice, Milk

Bar Line: Asian Bar

2
Nachos, Refried Beans or Cherry Tomatoes or Steamed Broccoli, Asst. of Fruit or Juice, Milk

Bar Line: Pizza Bar

News

All Students Receive One Free Breakfast Daily

Lunch Price 2.75

Grab and Go Lunches Available Daily Which Include Fresh Salads and Sub Sandwiches

Fresh Fruit Daily

1% Milk or Non-Fat Flavored Milk
Extra Milk.50

Applications for 22/23 Text Book/ Lunch Assistance can Be Found on Our Website

Kankakee Valley School Food Service Department
219-987-4711
Ext: 1117