



KANKAKEE VALLEY HIGH SCHOOL  
GRAB N' GO LUNCH MENU

WHOLE GRAIN FLATBREAD OR SUB SANDWICH WITH CHOICE  
OF HAM OR SHAVED TURKEY WITH CHEESE  
Served with romaine lettuce, tomatoes, and Whole grain chips

UNCRUSTABLE SANDWICH (Strawberry or Grape)  
Served with a cheese stick and whole grain chips



CHEF SALAD WITH CHICKEN  
Served with cheese, croutons, Roll, and Whole Grain chips

SOUTHWEST CHICKEN SALAD  
Served with corn, black beans, shredded cheese, tomatoes,  
Southwest dressing, Roll, and Whole grain chips

ALL MEALS COME WITH CHOICE OF:

- Baby Carrots or Broccoli Florets or Celery Sticks or Cherry Tomatoes with dip or Black Bean Salad (Tue/Thurs) or Cold Corn Salad(M,W, F)
  - Fresh Fruit or Apple or Strawberry Cup or Juice
    - Chocolate Chip Cookie (Thursday)
    - Milk

\*\*Must Choose at least two fruits or vegetables to be a reimbursable meal\*\*

Menus are Subject to Change  
"This institution is an equal opportunity provider"