

KANKAKEE VALLEY SCHOOL CORPORATION LOCAL WELLNESS POLICY

Federal Public Law (PL 108.265 Section 204) states that by the first day of the 2006 school year, beginning after June 30, 2006, all schools must develop a local wellness policy that involves parents, students, school food personnel, school administrators and the public. The local Education Authority (LEA) will establish a plan for measuring implementation of the local wellness policy.

This law has been updated to include P.E. instructors and health professionals on the committee. A person in each building has appointed to monitor adherence to the policy.

Committee:

Updated- February 11th, 2014

- 1. Sharon Sanelli- Superintendent**
- 2. Aaron Case- Assistant Superintendent**
- 3. Keeman Lobsiger, Principal K.V. High School**
- 4. Guy Skobul, Assistant Principal K.V. High School**
- 5. Michelle Meadows, Assistant Principal K.V. High School**
- 6. Wm. Aufer- Principal, K.V. Middle School**
- 7. Wm. Ridley- Principal, K.V. Middle School**
- 8. John Shank- Principal, K.V. Intermediate School**
- 9. Cathy Vollmer, Principal, Wheatfield Elementary.**
- 10. Chris Ritchie- Principal, DeMotte Elementary**
- 11. Linda Howard, Director Food Services**
- 12. Cherie Peters, Payroll Clerk/Administrative Assistant**
- 13. Jean Kosik- Cafeteria Manager, K.V. High School**
- 14. Debra Recker- Cafeteria Manager, K.V. Middle School**
- 15. Melissa Walters- Cafeteria Manager, K.V. Intermediate School**
- 16. Judy Fitch- Cafeteria Manager, Wheatfield Elementary**
- 17. Brenda Jamieson- Cafeteria Manager, DeMotte Elementary**
- 18. Jessica Scheidt, Teacher/DeMotte**
- 19. Lane Lewallen, Physical Education Teacher**
- 20. Andrea Sheidt- Nurse, K.V. High School**
- 21. Michelle Flick- Parent**
- 22. Dawn Abbring- Parent**
- 23. Marisa Scott- Nurse/ Parent**
- 24. Mathew Peters- Student**
- 25. Paytyn Abbring, Student**

Monitors for each school shall be the building principals and the Cafeteria manager of each building. The Director of Food Services shall oversee the operation of the child nutrition programs as it pertains to the Wellness policy.

The Kankakee Valley School Corporation is committed to providing a school environment that enhances learning and development of lifelong wellness practices.

To accomplish these goals:

- a. Child Nutrition Programs comply with federal, state and local requirements. Child nutrition Programs are accessible to all children.**
- b. Nutrition Education is provided and promoted.**
- c. Patterns of meaningful physical activity connect to students lives outside of physical education.**
- d. All school based activities are consistent with local wellness policy goals.**
- e. All food and beverages made available on campus during the school day are of nutritional value.**
- f. All foods made available on campus adhere to food safety and security guidelines.**
- g. The school environment is safe, comfortable, pleasant, and allows time and ample space for consuming meals.**

Goals for Nutrition Education

Child Nutrition Programs comply with federal, state and local requirements.

Nutrition is integrated into the health education or core curricula (e.g., math, science and language arts.)

School has access to resources, programs and curricula related to nutrition education on Government websites.

Students in grades K-12 receive nutrition messages throughout the schools, classrooms and cafeterias.

Students in grades K-12 receive nutrition education that teaches the skills to adopt healthy eating behaviors.

Goals for Physical Activity

Students are given opportunities for physical activities during the school day through physical education (PE) classes, daily recess periods for elementary school students and the integration of physical activity into the academic curriculum.

Students are given opportunities for physical activities through a range of before- and/or after school programs including, but not limited to, intramurals, interscholastic activities and physical activity clubs.

Each level has a state certified physical education instructor.

Goals for Child Nutrition Operation

Each school is enrolled in the “Team Nutrition” Program.

The program will ensure that all students have access to the nutritious foods that they need to stay healthy and learn well.

No food of minimal nutritional value will be offered for sale on campus by the Kankakee Valley School Lunch and Breakfast Programs.

There will be no competitive foods offered outside of the National School Lunch Program, Breakfast Program and Ala Carte Services for ½ hour before meal periods and during the meal periods.

Menus are planned following the current dietary guidelines. Sodium, fat, calories, so forth are kept below current regulations.

All employees of the foodservice department are required to be trained and become certified in food safety and sanitation.

Nutrition information is available in each building manager’s office.

All foods made available by the program comply with state and local food safety and sanitation requirements. Board of health inspections are conducted twice yearly. State reviews are conducted bi-yearly.

For the safety and security of the food and facility any access to the food operations area are limited to the child nutrition staff and authorized personnel.