

Middle School Volleyball



For girls interested in middle school volleyball, we will be having a week of open gym for 7th and 8th graders the week of July 31-August 4 from 10-11:30 AM. For 6th graders, open gyms will be the week of July 31-August 4 from 1-2:30 PM. This is not a requirement but it is giving you a chance to get extra practice/help and to see if you are interested in playing (especially those who are new to the sport). We will be beginning try-outs/practice for all grades on the first day of school, August 9 after school until 4:30. Practice will be every school day for until 4:30 unless stated. You will need to have a physical before you can begin practicing/open gym so if you are interested, you may want to schedule one over the summer. Forms for physicals can be found in the middle school office.

If you have any interest in playing volleyball, please make sure you sign up on final forms and have your daughter join the Schoology group with the following code: D9WK-DN5Q-RVVJR

The best way to get better at volleyball is to play so spend the summer building your skills in the backyard with a few of your friends. If you have any questions, please do not hesitate to ask. We look forward to seeing all of you during season and hope that you have a great summer!



6th Grade Coach Aubrey VanMeter
7th Grade Coach Audrey Johnson
8th Grade Coach Danielle DeFries