

SEPTEMBER | 2023

MIDDLE SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Hot Ham and Cheese on Pretzel Bun, Potato Wedges or Green Beans or Baby Carrots or Fresh Broccoli, Asst. of Fruit, Milk
4 HAPPY LABOR DAY	5 Chicken or Beef Tacos, Refried Beans or Side Salad or Sliced Cucumbers or Mexicali Corn, Asst. of Fruit, Milk	6 Big Daddy's Pizza, Green Beans or Baby Carrots or Green Peppers, Asst. of Fruit, Milk	7 Mini Corn Dogs, Onion Rings, Side Salad or Broccoli & Cheese or Cherry Tomatoes, Asst. of Fruit, Milk	8 Stromboli with Marinara, Fresh Broccoli or Glazed Carrots or Corn or Celery, Asst. of Fruit, Milk
11 Mac & Cheese, Dinner Roll, Baby Carrots or Celery or Peas or Fresh Broccoli, Asst. of Fruit, Milk	12 Bosco Stick & Dipping Sauce, Side Salad or Baby Carrots or Green Beans, Asst. of Fruit, Milk	13 Chili Cheese Dogs, Potato Wedges or Baked Beans or Corn or Green Peppers, Asst. of Fruit, Milk	14 Mostaccioli and Breadstick, Side Salad or Baby Carrots or Cucumbers or Broccoli & Cheese, Asst. of Fruit, Milk, Cookie	15 BBQ Pulled Pork Sandwich on a Bun, Fries or Cherry Tomatoes or Celery or Mixed Vegetables, Asst. of Fruit, Milk
18 Hamburger or Cheeseburger, Fries or Fresh Broccoli or Steamed Carrots or Baked Beans, Asst. of Fruit, Milk	19 French Bread Pizza, Side Salad or Baby Carrots or Corn or Celery, Asst. of Fruit, Milk	20 Grilled Cheese, Curly Fries or Cherry Tomatoes or Green Beans or Green Peppers, Asst. of Fruit, Milk	21 Walking Taco, Salsa, Steamed Broccoli or Refried Beans or Side Salad, Asst. of Fruit, Milk	22 Chicken Fries, Mashed Potatoes or Baby Carrots or Mixed Vegetables or Celery, Asst. of Fruit, Milk
25 Orange Chicken with Rice and Cornbread, Cherry Tomatoes or Baby Carrots or Corn or Stir Fried Vegetables, Asst. of Fruit, Milk	26 Regular or Spicy Chicken Sandwich, Curly Fries or Side Salad or Baked Beans or Broccoli & Cheese, Asst. of Fruit, Milk	27 French Toast Sticks & Sausage Links, Potato Rounds or Peas or Baby Carrots or Green Peppers, Asst. of Fruit, Milk	28 Pull Apart Bread & Dipping Sauce, Steamed Broccoli or Side Salad or Celery Sticks or Baked Beans, Asst. of Fruit, Milk, Cookie	29 Hot Ham and Cheese on Pretzel Bun, Potato Wedges or Green Beans or Baby Carrots or Fresh Broccoli, Asst. of Fruit, Milk

News

Breakfast is Free! All Students Can Get One Free Breakfast Daily

Lunch Price \$2.75

Grab and Go Lunches Available Daily
Sub Sandwiches, Fresh Salad, Uncrustables and Wraps
Fresh Fruit Daily

1% Chocolate or White Milk
Extra Milk \$.50

Applications for 23/24 Lunch Assistance Can Be Found on Our Website

Kankakee Valley School Food Service Department
219-987-4711
Ext: 1117

"This institution is an equal opportunity provider."

MENU SUBJECT TO CHANGE