



DECEMBER | 2022

HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Regular or Spicy Chicken Tenders, Corn Bread, Fries or Corn or Fresh Broccoli, Asst of Fruit or Juice, Milk</p> <p>Bar Line: Popcorn Chicken</p>	<p>29 Mini Corn Dogs, Wedges or Baby Carrots or Side Salad or Mexicali Corn, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken or Beef Tacos</p>	<p>30 Big Daddy's Pizza, Green Beans or Sliced Green Peppers or Spinach Salad, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken Sandwich</p>	<p>1 Chicken Nuggets, Curly Fries or Side Salad or Candied Carrots or Sliced Cucumbers, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Asian Bar</p>	<p>2 Nachos, Refried Beans or Cherry Tomatoes or Steamed Broccoli, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Pizza Bar</p>
<p>5 Mac & Cheese, Dinner Roll, Cherry Tomatoes or Green Beans or Fresh Broccoli, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Popcorn Chicken</p>	<p>6 Chili Cheese Dogs, Wedges or Side Salad or Baked Beans or Green Peppers, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken or Beef Tacos</p>	<p>7 Chicken Alfredo, Breadstick, Steamed Carrots or Sliced Cucumbers or Corn, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken Sandwich</p>	<p>8 Bosco Stick & Dipping Sauce, Side Salad or Celery Sticks or Steamed Broccoli, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Asian Bar</p>	<p>9 Grilled Cheese, Fries or Baby Carrots or Cucumbers, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Pizza Bar</p>
<p>12 Hamburger/ Cheeseburger, Tater Tots or Coleslaw or Steamed Carrots, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Popcorn Chicken</p>	<p>13 , Calzone, Steamed Broccoli or Side Salad or Green Peppers, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken or Beef Tacos</p>	<p>14 Big Daddy's Pizza, Cherry Tomatoes or Celery Sticks or Green Beans, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken Sandwich</p>	<p>15 Holiday Meal Spiral Ham, Mashed Potatoes and Gravy, Dinner Roll, Corn or Sliced Cucumbers, Asst. of Fruit or Juice, Milk, Dessert</p> <p>Bar Line: Asian Bar</p>	<p>16 Breaded Chicken Drumstick, Dinner Roll, Fries or Baked Beans or Green Beans, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Pizza Bar</p>
<p>19 Chicken Sandwich, Fries or Baked Beans or Broccoli & Cheese, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Popcorn Chicken</p>	<p>20 Chicken Noodles, Dinner Roll, Baby Carrots or Side Salad or Corn, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken or Beef Tacos</p>	<p>21 French Bread Pizza, Spinach Salad or Sliced Green Peppers or Green Beans, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Chicken Sandwich</p>	<p>22 Pull Apart Bread & Dipping Sauce, Celery Sticks or Side Salad or Steamed Broccoli, Asst. of Fruit or Juice, Milk</p> <p>Bar Line: Asian Bar</p>	<p>23</p> 
<p>26</p> 	<p>27</p> 	<p>28</p> 	<p>29</p> 	<p>30</p> 

News

One Free Breakfast Available Daily

Lunch Price \$2.75

Grab and Go Lunches Available Daily Which Include Fresh Salads and Sub Sandwiches

Fresh Fruit Daily

1% Milk or Non-Fat Flavored Milk
Extra Milk \$50

Applications for 22/23 Text Book/ Lunch Assistance Can Be Found on Our Website

Kankakee Valley School Food Service Department
219-987-4711
Ext: 1117