

# BEE STING ALLERGY TREATMENT PLAN

STUDENT'S NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

ASTHMATIC YES\* \_\_\_ NO \_\_\_

\*High risk for severe reaction

## SIGNS OF ALLERGIC REACTION

### Systems:

Mouth  
Throat\*  
Skin  
Lung\*  
Heart\*

### Symptoms:

itching & swelling of the lips, tongue or mouth  
itching and/or a sense of tightness in the throat, hoarseness, and hacking cough  
hives, itchy rash and/or swelling about the face or extremities  
shortness of breath, repetitive coughing and/or wheezing  
“thready” pulse, “passing out”

The severity of symptoms can quickly change. \*All above symptoms can potentially progress to a life-threatening situation.

## ACTION FOR MINOR REACTION

1. If only symptom(s) are: \_\_\_\_\_  
give \_\_\_\_\_

Then call:

2. Mother \_\_\_\_\_, Father \_\_\_\_\_, or emergency contact.

3. Doctor \_\_\_\_\_ at \_\_\_\_\_

If condition does not improve within 10 minutes, follow steps for Major Reaction below.

## ACTION FOR MAJOR REACTION

1. If stung and/or symptom(s) are: \_\_\_\_\_,

Give \_\_\_\_\_ IMMEDIATELY!

MEDICATION/DOSE/ROUTE

THEN CALL:

2. Rescue Squad ( ask for advanced life support)

3. Parents

4. Doctor

**DO NOT HESITATE TO CALL RESCUE SQUAD!**

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Stamp

## ANAPHYLAXIS INDIVIDUAL EMERGENCY CARE PLAN

Student's Name \_\_\_\_\_ DOB: \_\_\_\_\_ Teacher: \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_ Asthmatic: Yes \_\_\_ No \_\_\_

Parent/Guardian Telephone Numbers:

Name/Relationship	Home Phone	Work Phone	Cell Phone
_____	_____	_____	_____
_____	_____	_____	_____

**TO BE COMPLETED BY PHYSICIAN'S OFFICE**

This reaction **could** \_\_\_ **could not** \_\_\_ be described as anaphylactic. Presenting symptoms include:

***Please check off the appropriate symptoms***

- Skin: "hives" (red blotches or welts which itch): severe swelling
- Eyes: tearing, redness, itching
- Lungs: shortness of breath, rapid breathing, cough, wheeze
- Gut: repeated vomiting, nausea, abdominal pain (diarrhea later)
- Brain: anxiety, agitation, or loss of consciousness
- Throat: tightness, trouble speaking, and trouble breathing
- Nose: running, itching, congested
- Mouth: itching, swelling of lips, tongue or mouth
- Heart/Circulation: weak pulse, loss of consciousness

***In the event of an allergic reaction, the school nurse should proceed as follows:***

1. If the child develops only hives (only skin problems) give antihistamine.
  - a. Dose: Benadryl \_\_\_\_\_mg by mouth  
**Oral antihistamine must be given only by nurse or parent.**
  - b. Observe closely for additional symptoms for the next six hours; notify parent/guardian
  
2. If the child develops any of signs of severe reactions of anaphylaxis, **immediately**
  - a. Inject Epinephrine IM: Dose \_\_. 15mg \_\_.30mg
  - b. This dose of IM Epinephrine may be repeated in 15 minutes if symptoms reoccur.
  - c. Give the above dose of Benadryl by mouth
  - d. Notify parent/guardian, and call 911
  
3. If wheezing occurs, treat with: \_\_\_\_\_

**In the event of an allergic reaction when the school nurse is unavailable (field trip, after school activity, or athletics):  
This order is in effect for the current school year only!**

\_\_\_\_\_ **Able to self medicate**

I give my permission for this child to self medicate when the school nurse is not available. This student is allowed to administer a pre-measured dose of an antihistamine simultaneously with the Epi-pen only for anaphylaxis. The child has been educated on symptoms of anaphylaxis and instructed in the proper method of self-administration of epinephrine.

\_\_\_\_\_ **Unable to self medicate**

This child is not able to self medicate at this time. In the event of an anaphylactic reaction when the nurse is not available, I give my permission for a **trained delegate** to administer a single dose of an Epi-pen, and call 911.

**I understand that the delegate is not permitted by NJ State law to give benadryl.**

\_\_\_\_\_  
**Physician's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Date**

**Physician's Stamp here**

\_\_\_\_\_  
**School Nurse Signature**

\_\_\_\_\_  
**Date**